

MMA REFEREE AND JUDGE TRAINING OUTLINE
(Effective Date 10/29/2009)

Qualifications FOR TRAINER must include as a minimum:

- A) 5 years professional MMA refereeing experience
- B) Proof of proficiency in submission grappling
- C) Proof of working knowledge of boxing, muay thai, judo and wrestling
- D) Provide full resume
- E) Provide any past teaching experience
- F) Ability to present instructional material to a wide range of individuals with varying educational backgrounds
- G) Proof of basic knowledge of combative sports medical injuries such as concussions, lacerations, orthopedics, communicable diseases and choke holds

The course material must include as a minimum:

1- Ethics

- Code of Conduct
- Conflicts of Interest
- Handling Media Issues
- Socializing with Fighters

2 - Referee's Appearance

3 - Pre-Fight Duties

- Rules Meeting
- Meeting the Fighters
- Cage or Ring Inspection
- Proper Handwraps
- Gloves
- Safety Equipment such as mouthpiece and groin protection
- Proper Fighter Appearance-hair, nails, wraps, pads, shorts, Vaseline
- Coordination with ringside physician and EMT's
- Keeping control of the cage and the fighters separated pre bout

4 - The Role of the Referee during the Contest - health, safety, control and fairness

5 - Cage or Ring Cleanliness and Excess Water or Blood

6 - Handling the Corner persons

- Identify Chief Second
- Corner interference
- Dealing with an irate corner after a stoppage

7 - In Between Rounds

- Checking the fighters
- Collecting the scores
- Checking the fighting area

8 - During the Bout

- The issue of touching gloves
- The differences between a cage or ring i.e. restarts, re-creates, the ropes
- Proper positioning
- Proper voice commands
- Accidental foul procedures
- Intentional foul procedures
- Deducting points and disqualification
- Replacing the mouthpiece
- Dealing with lacerations

- Lost contact lens, glove or safety equipment malfunction
- Technical emergencies such as lighting failures, cage door malfunction, etc
- How to handle a fighter who falls out of the ring
- How to utilize the ringside physician
- How to utilize the corner inspector
- When to re-stand the fighters
- When to separate standing fighters in a clinch
- Where to restart the fight after a temporary stoppage
- Handling a fighter in a submission hold who isn't tapping
- What is intelligently defending yourself?
- Stopping the contest
- Handling an unconscious or injured fighter

9 - Review of the Unified Rules

- Include detailed review of all fouls

10 - Techniques

- Review of Boxing, Muay Thai, Wrestling, Judo and Jiu-Jitsu maneuvers
- Emphasis on submission attempts and how to advance to a position to finish the fight
- What is an active, threatening guard?

MMA JUDGE TRAINING OUTLINE

Qualifications FOR TRAINER must include as a minimum:

- A) 5 years professional MMA judging experience
- B) Must possess adequate knowledge to recognize and describe various holds, throws, take downs & submission techniques
- C) Must be able to present instructional material to a wide range of individuals with varying educational backgrounds
- D) Provide full resume
- E) Provide any prior teaching experience

The course material must include but not be limited to:

1- Ethics

- Code of Conduct
- Conflicts of Interest
- Dealing with the media
- Socializing with others at the venue
- Discussing the scoring of fights with others

2 - Proper Appearance

3 - Review of the Unified Rules Judging Criteria

4 - Review of Boxing, Muay Thai, Wrestling, Judo and Jiu-Jitsu

- Emphasis on submission attempts and how to advance to a position to finish the fight

5 - Scoring issues

- The 10-10 Round
- What is a 10-8 Round
- How to account for a point deduction
- What to do with an incomplete round
- Identifying each contestant on the scorecard by corner, name, and trunks or appearance
- Accounting for the impact of heavy strikes
- Does defense score points?
- What is an active, threatening guard?
- Scoring points while on your back
- What is effective aggressiveness?

- What is fighting area control?
- Which fighter is imposing their will? i.e. striker vs. grappler, dictating pace and position
- Discuss rear mount
- Discuss side mount
- Passing the guard
- What is the impact of a submission attempt that does not finish the fight
- Does it matter which fighter looks fresher and isn't cut or swollen at the end of the fight

6 - Concentration

- Handling a loud crowd
- Dealing with a hometown favorite
- How to break down a five minute round

7 - The referee

- What if I see a foul that the referee did not call
- What if I don't think it was a foul, but the referee called it
- What if I thought the slip that the referee called was a knockdown